

What is MST?

Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth.

Research demonstrates that MST reduces criminal activity and other undesirable behavior.

Ecological Model



MST Works for Families and Communities

MST is an evidence-based program that empowers youth (aged 12 - 17) and their families to function responsibly over the long term. MST reduces delinquent and antisocial behavior by addressing the core causes of such conduct - and views the client as a network of systems including family, peers, school, and neighborhood. Therapists have small caseloads and provide services in the home at times convenient to the family. The average length of treatment is between 3 and 5 months, and therapists and provider agencies are held accountable for achieving change and positive outcomes.

PROVEN RESULTS 60+ PUBLISHED STUDIES



* AT THE CLOSE OF TREATMENT *

Rigorous Clinical Trials Demonstrate Effectiveness

MST FEATURES THE LARGEST BODY OF EVIDENCE, BY FAR, OF
SUCCESSFUL INTERVENTIONS FOR HIGH RISK YOUTH



60+
STUDIES



\$75m+
RESEARCH FUNDING



130+
PEER-REVIEWED
JOURNAL ARTICLES



48,000+
FAMILIES INCLUDED
ACROSS ALL STUDIES

MST IS THE ONLY INTERVENTION FOR HIGH RISK YOUTH WHERE RESULTS
HAVE BEEN REPEATEDLY REPLICATED BY INDEPENDENT RESEARCH TEAMS

Enduring Results for Families and Communities

54%

FEWER
REARRESTS

Over 14 Years

75%

FEWER VIOLENT
FELONY ARRESTS

Over 22 Years

54%

FEWER
OUT-OF-HOME
PLACEMENTS

Median Across All Studies

MST DELIVERS

**SUPERIOR CLINICAL
& FINANCIAL RESULTS**

RELATIVE TO INCARCERATION AND
ALTERNATIVE TREATMENTS

UP TO
\$23.59
ROI FOR EVERY
DOLLAR SPENT

UP TO
\$200K
NET BENEFIT
PER YOUTH

**Journal of Family Psychology*

To learn more, visit us at www.mstservices.com