

# **Medical Policy**

**Subject:** Cosmetic and Reconstructive Services of the Head and Neck

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### **Description/Scope**

This document describes the cosmetic, reconstructive, and medically necessary uses of a selection of procedures addressing the treatment of abnormalities of the head and neck.

**Note:** Please see the following documents for additional information:

- ANC.00007 Cosmetic and Reconstructive Services: Skin Related
- CG-SURG-03 Blepharoplasty, Blepharoptosis Repair, and Brow Lift
- CG-SURG-27 Gender Reassignment Surgery
- SURG.00096 Surgical and Ablative Treatments for Chronic Headaches

#### Note:

- This document does not address septoplasty alone. Please refer to CG-SURG-18 Septoplasty for additional information.
- This document does not address surgical procedures involving the mandible, maxilla (or both) or genioplasty procedures. Please refer to CG-SURG-84 Mandibular/Maxillary (Orthognathic) Surgery for additional information.

**Note:** The use of botulinum toxin is not addressed in this document.

**Medically Necessary:** In this document, procedures are considered medically necessary if there is a significant physical functional impairment AND the procedure can be reasonably expected to improve the physical functional impairment.

**Reconstructive:** In this document, procedures are considered reconstructive when intended to address a significant variation from normal related to accidental injury, disease, trauma, treatment of a disease or congenital defect.

**NOTE:** Not all benefit contracts/certificates include benefits for reconstructive services as defined by this document. Benefit language supersedes this document.

**Cosmetic:** In this document, procedures are considered cosmetic when intended to change a physical appearance that would be considered within normal human anatomic variation. Cosmetic services are often described as those that are primarily intended to preserve or improve appearance.

This Medical Policy provides assistance in understanding Healthy Blue's standard Medicaid benefit plan. When evaluating coverage for a specific member benefit, reference to federal and state law, as well as contractual requirements may be necessary, since these may differ from our standard benefit plan. In the event of a conflict with standard plan benefits, federal, state and/or contractual requirements will govern. Before using this policy, please check all federal, state and/or contractual requirements applicable to the specific benefit plan coverage. Healthy Blue reserves the right to modify its Policies and Guidelines as necessary and in accordance with legal and contractual requirements. This Medical Policy is provided for informational purposes. It does not constitute medical advice. Healthy Blue may also use tools and criteria developed by third parties, to assist us in administering health benefits. Healthy Blue's Policies and Guidelines are intended to be used in accordance with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.

#### **Position Statement**

### A. Facial Plastic Surgery:

Facial plastic surgery is considered **medically necessary** when required to correct a significant physical functional impairment **and** the procedure can be reasonably expected to improve the physical functional impairment. Examples include, but are not limited to, reconstructive procedures which correct or improve a significant functional impairment of speech, nutrition, control of secretions, protection of the airway, or corneal protection.

Facial plastic surgery is considered **reconstructive** when intended to address a significant variation from normal related to accidental injury, disease, trauma, or treatment of a disease or congenital defect. *Note:* The initial restoration may be completed in stages.

Facial plastic surgery is considered **cosmetic and not medically necessary** when intended to change a physical appearance that would be considered within normal human anatomic variation.

Facial plastic surgery is considered **cosmetic and not medically necessary** when the medically necessary or reconstructive criteria in this section are not met.

### B. Otoplasty

Otoplasty is considered **medically necessary** when performed to surgically correct a physical structure or absence of a physical structure that is causing hearing loss, or intended to facilitate the use of a hearing aid or device when **both** of the following criteria are met:

- 1. the procedure is reasonably expected to improve the physical functional impairment; and
- 2. an audiogram documents a loss of at least 15 decibels in the affected ear(s).

Otoplasty is considered **reconstructive** when intended to restore a significantly abnormal external ear or auditory canal related to accidental injury, disease, trauma, or treatment of a disease or congenital defect.

Otoplasty is considered **reconstructive** when intended to restore the absence of the external ear due to accidental injury, disease, trauma, or the treatment of a disease or congenital defect.

Otoplasty is considered **cosmetic and not medically necessary** when intended to change a physical appearance that would be considered within normal human anatomic variation. Examples include, but are not limited to, repair of ear lobes with clefts or other consequences of ear piercing, or protruding ears.

Otoplasty is considered **cosmetic and not medically necessary** when the medically necessary or reconstructive criteria in this section are not met.

### C. Rhinophyma

Excision or shaving of the rhinophyma is considered **medically necessary** when **both** of the following criteria are met:

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- 1. the medical record documentation includes evidence of bleeding or infection; and
- 2. the procedure can be reasonably expected to improve physical functional impairment as a result of bleeding or infection.

Excision or shaving of the rhinophyma is considered **cosmetic and not medically necessary** when the medically necessary criteria in this section are not met.

### D. Rhinoplasty or Rhinoseptoplasty (procedure which combines both rhinoplasty and septoplasty)

Rhinoplasty is considered **medically necessary** when **both** of the following criteria are met:

- the medical record documentation includes evidence of the failure of conservative medical therapy for severe airway obstruction from deformities due to disease, structural abnormality, or previous therapeutic process that will not respond to septoplasty alone; and
- 2. the procedure can be reasonably expected to improve the physical functional impairment.

**Note:** Only the initial restorative repair is medically necessary, unless the procedure is completed in stages with healing periods, then all stages are medically necessary.

**Note:** Rhinoseptoplasty is considered medically necessary when the criteria above for rhinoplasty are met and medically necessary criteria in **CG-SURG-18 Septoplasty** are also met.

Rhinoplasty is considered **reconstructive** if there is documented evidence (that is, radiographs or appropriate imaging studies) of nasal fracture resulting in significant variation from normal without physical functional impairment. The intent of the surgery is to correct the deformity caused by the nasal fracture.

Rhinoseptoplasty is considered **reconstructive** if there is documented evidence (that is, radiographs or appropriate imaging studies) of nasal and septal fracture resulting in significant variation from normal without physical functional impairment. The intent of the surgery is to correct the deformity caused by the nasal and septal fracture.

Rhinoplasty or rhinoseptoplasty to modify the shape or size of the nose is considered **cosmetic and not medically necessary** when the medically necessary or reconstructive criteria in this section are not met.

### E. Rhytidectomy (Face lift)

Rhytidectomy is considered **reconstructive** when intended to address a significant variation from normal related to accidental injury, disease, trauma, treatment of a disease or congenital defect. Examples include, but are not limited to, significant burns or other significant major facial trauma.

Rhytidectomy is considered **cosmetic and not medically necessary** when the reconstructive criteria in this section are not met, including, but not limited to, removal of wrinkles, excess skin, or to tighten facial muscles.

#### F. Cranial Nerve Procedures

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Transfers, anastomosis or other procedures of the facial nerve or other cranial nerves or their branches are considered **medically necessary** to correct a significant physical functional impairment **and** the procedure can be reasonably expected to improve the physical functional impairment. Examples of cranial nerve procedures to correct a physical functional impairment include, but are not limited to, procedures to allow for speech, nutrition, control of secretions, protection of the airway, or corneal protection.

Transfers, anastomosis or other procedures of the facial nerve or other cranial nerves or their branches are considered **reconstructive** when intended to address a significant variation from normal related to accidental injury, disease, trauma, treatment of a disease or congenital defect. Examples of significant variation from normal include, but are not limited to, congenital or acquired facial palsy.

Transfers, anastomosis or other procedures of the facial nerve or other cranial nerves or their branches are considered **not medically necessary** when the medically necessary or reconstructive criteria in this section are not met.

#### G. Ear or Body Piercing

Ear or body piercing is considered **cosmetic and not medically necessary** when performed for any reason.

#### H. Frown Lines

Removal of frown lines is considered **cosmetic and not medically necessary** when performed for any reason, including, but not limited to, the excision or correction of glabella frown lines or forehead lift (cosmetic foreheadplasty).

### I. Neck Tuck (Submental Lipectomy)

Neck tucks are considered **cosmetic and not medically necessary** when performed for any reason.

#### Rationale

Concepts of Medical Necessity, Reconstructive and Cosmetic

The coverage eligibility of medical and surgical therapies to treat head and neck abnormalities is often based on a determination of whether the abnormality is considered medically necessary, reconstructive or cosmetic in nature. In many instances the concept of reconstructive overlaps with the concept of medical necessity. For example, services intended to correct a significant physical functional impairment as a result of trauma will be considered medically necessary and thus eligible for coverage, regardless of the contract language pertaining to reconstructive services, unless some other exclusion applies. Generally, reconstructive is often taken to mean that the service "returns the person to whole" as a result of a congenital anomaly, disease or other condition including post trauma or post therapy, while cosmetic generally describes improving a physical appearance that would be considered within normal human anatomic variation. Categories of conditions without associated functional impairment that

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may be included as reconstructive definitions, include or may be due to the following: a) surgery, b) accidental trauma or injury, c) diseases, d) congenital anomalies, e) severe anatomic variants, and f) chemotherapy.

## **Background/Overview**

Facial plastic surgery is a general term for any surgery performed for the purpose of altering the appearance of the face. Facial plastic surgery may be considered cosmetic, or may be considered medically necessary in those instances where severe abnormalities result in functional impairments that affect speech, nutrition, control of secretions, protection of the airway, or corneal protection. Reconstructive surgery to the midface, orbital rims or the forehead may require augmentation or reduction, osteotomy, bone or cartilage grafting, or a combination of these procedures. These procedures may also be reasonable to correct or restore appearance following traumatic injuries or a previous surgery done to treat a medical or surgical condition that resulted in anatomical changes. Other procedures are not done to correct a functional impairment. Surgery for frown lines is intended to remove wrinkles that result from the aging process. A "neck tuck", also known as a neck lift, lower rhytidectomy or submental lipectomy, is a surgical procedure to remove excess skin and fat from the neck area under the chin. This area may also be referred to as a double chin. These surgeries are not reconstructive in nature but are performed for cosmetic purposes.

Osteotomy and osteoplasty are surgical procedures which involve the opening of a bone (osteotomy), or the reconfiguration of a bone (osteoplasty). Such procedures are required when the alignment of a bony structure is misaligned to such a degree that it results in physical functional impairment. These surgeries are usually complex and may involve several procedures or stages to accomplish the desired result.

Otoplasty refers to surgical procedures intended to reshape the structure of a misshapen or injured outer ear, or to construct an ear that is incompletely formed (microtia), small, or absent at birth or as a result of trauma. The most severe form of microtia is called atresia, where the individual lacks an external auditory canal. Microtia may be found in congenital conditions such as Goldenhar syndrome, hemifacial microsomia, and Treacher-Collins syndrome. Otoplasty is considered cosmetic when there is no physical functional impairment or trauma involved, but may be reconstructive or medically necessary in instances where the ear is misshapen enough to interfere with normal hearing, is absent at birth, or is deformed due to disease or trauma.

Rhinophyma is a condition where the nose becomes enlarged, red in color, and bulb-shaped in appearance. The cause of rhinophyma is unknown, but has been associated with long standing rosacea, a chronic skin rash that is characterized by reddening of the skin on the face. This condition typically affects male Caucasians over 40 years of age, although some cases have been reported in women and younger individuals. Because this condition results in numerous pits and fissures in the skin, bleeding and infection may develop indicating the need for further medical treatment. In all other circumstances, treatment of rhinophyma is considered cosmetic in nature.

Rhinoplasty, septoplasty, and rhinoseptoplasty (or septorhinoplasty) are procedures that involve distinct surgical techniques. When rhinoplasty is performed to alter the shape (contour) or enhance the external appearance of the nose (that is, a "nose job"), the procedure has no medical benefit and is considered cosmetic and not medically necessary. Rhinoplasty may be performed to alter the shape of the nose to improve the passage of air while breathing (from blocked nasal passages or severe nasal obstruction), or to correct structural damage due to disease

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or trauma (for example, to repair a nasal fracture) *without* involvement of the underlying nasal septa. Rhinoplasty is medically indicated when these conditions exist. Septoplasty, usually performed under local or general anesthesia, is a surgical procedure to correct nasal septum defects or deformities by alteration, splinting, or partial removal of obstructing structures (Note: The indications for septoplasty alone are not addressed in this document). Septoplasty is an internal procedure which does not affect the outward appearance of the nose, is usually performed to improve breathing, but may also be performed to assist in the management of polyps, tumors or epistaxis. Rhinoseptoplasty, involving both rhinoplasty and septoplasty, is a more extensive surgical procedure combining repairs to the external nasal pyramid or skeleton with repairs of the nasal septa to correct a physical functional impairment involving both structures. Rhinoseptoplasty may also be performed as a reconstructive procedure to correct a nasal and septal fracture resulting in significant variation from normal without physical functional impairment. The intent of the surgery is to correct the deformity caused by the nasal and septal fracture.

A rhytidectomy or "face lift" is a surgical procedure where excess skin is removed from the face and the facial muscles are tightened. This procedure may correct a facial abnormality due to burns or facial palsy resulting in a droopy appearance. In addition, face lifts are used to create a more youthful appearance in individuals concerned with changes due to the aging process. In individuals with facial injuries due to burns or lax facial muscles due to palsy, the use of rhytidectomy may allow the restoration of a normal appearance. Rhytidectomy is considered a cosmetic procedure for individuals with no physical functional impairment, disease, or injury-related facial changes.

Nerve anastomosis or grafting, decompression, and peripheral neuroplasty are some of the surgical procedures performed to correct physical functional impairment that may result from cranial and facial nerve pathology, injury or dysfunction. These procedures are expected to improve the individual's physical functions involving speech, nutrition, control of secretions, corneal protection, or airway protection. These reconstructive surgical procedures are also performed to address an individual's significantly altered appearance in the treatment of congenital or acquired facial palsy.

Ear and body piercing is done for cosmetic or aesthetic reasons. Piercing the ears, nose, lip, or any other body part has no acceptable medical use and therefore is not considered medically necessary.

#### **Definitions**

Osteotomy/Osteoplasty: A surgical procedure that involves the opening of a bone (osteotomy), or to reconfigure a bone (osteoplasty).

Otoplasty: A surgical procedure to reshape or rebuild the ear.

Palsy: A condition affecting the nerves that results in the inability of voluntary movement (motor function) or paralysis, generally partial, of a body area.

Rhinophyma: A condition of the face consisting of a bulbous, enlarged, red nose and puffy cheeks. There may also be thick bumps on the lower half of the nose and the nearby cheek areas.

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#### Cosmetic and Reconstructive Services of the Head and Neck

Rhinoplasty: A surgical procedure intended to reshape the nose or repair a broken nose.

Rhinoseptoplasty: A surgical procedure, also referred to as a septorhinoplasty, performed on the nose and the nasal septum (cartilage and bony structure that separates the two nostrils).

Rhytidectomy: A surgical procedure intended to adjust the appearance of the face by removing excess skin and tightening the underlying muscles.

Septoplasty: A surgical procedure intended to repair the nasal septum.

Submental lipectomy: A surgical procedure, also referred to as a neck tuck, intended to remove excess fat and skin ("double chin") from the neck below the chin.

### **Coding**

The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

#### A. Facial Plastic Surgery

### When services may be Medically Necessary or Reconstructive when criteria are met:

| Impression and custom preparation; palatal lift prosthesis Impression and custom preparation; nasal prosthesis Reduction forehead [includes codes 21137, 21138, 21139] Reconstruction midface, LeFort III (extra and intracranial) with forehead advancement (e.g., mono bloc), requiring bone grafts (includes obtaining autografts) Reconstruction superior-lateral orbital rim and lower forehead, advancement or alteration, with or without grafts (includes obtaining autografts); without LeFort I Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts) Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining graft) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft) | CPT         |  |
|--|-------------|--|
| 21137-21139 21159-21160 Reconstruction midface, LeFort III (extra and intracranial) with forehead advancement (e.g., mono bloc), requiring bone grafts (includes obtaining autografts) Reconstruction superior-lateral orbital rim and lower forehead, advancement or alteration, with or without grafts (includes obtaining autografts); without LeFort I Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts) Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   | 21083       | Impression and custom preparation; palatal lift prosthesis                           |
| Reconstruction midface, LeFort III (extra and intracranial) with forehead advancement (e.g., mono bloc), requiring bone grafts (includes obtaining autografts)  Reconstruction superior-lateral orbital rim and lower forehead, advancement or alteration, with or without grafts (includes obtaining autografts); without LeFort I  Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts)  Reconstruction, entire or majority of forehead and/or supraorbital rims  Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184]  Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts)  Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   | 21087       | Impression and custom preparation; nasal prosthesis                                  |
| advancement (e.g., mono bloc), requiring bone grafts (includes obtaining autografts) Reconstruction superior-lateral orbital rim and lower forehead, advancement or alteration, with or without grafts (includes obtaining autografts); without LeFort I Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts) Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   | 21137-21139 | Reduction forehead [includes codes 21137, 21138, 21139]                              |
| Reconstruction superior-lateral orbital rim and lower forehead, advancement or alteration, with or without grafts (includes obtaining autografts); without LeFort I Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts) Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)  | 21159-21160 | Reconstruction midface, LeFort III (extra and intracranial) with forehead            |
| alteration, with or without grafts (includes obtaining autografts); without LeFort I Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts) Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   |             | advancement (e.g., mono bloc), requiring bone grafts (includes obtaining autografts) |
| Reconstruction, bifrontal, superiorlateral orbital rims and lower forehead, advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts)  Reconstruction, entire or majority of forehead and/or supraorbital rims  Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184]  Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts)  Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)  | 21172       |  |
| advancement or alteration (e.g., plagiocephaly, trigonocephaly, brachycephaly), with or without grafts (includes obtaining autografts)  Reconstruction, entire or majority of forehead and/or supraorbital rims  Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184]  Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts)  Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)  |             | alteration, with or without grafts (includes obtaining autografts); without LeFort I |
| or without grafts (includes obtaining autografts) Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   | 21175       |  |
| Reconstruction, entire or majority of forehead and/or supraorbital rims Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184] Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   |             |  |
| Reconstruction of orbital walls, rims, forehead, nasoethmoid complex following intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184]  Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts)  Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   |             |  |
| intra-and extracranial excision of benign tumor of cranial bone (eg, fibrous dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184]  Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts)  Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)  |             |  |
| dysplasia), with multiple autografts (includes obtaining grafts) [includes codes 21182, 21183, 21184]  Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts)  Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   | 21182-21184 |  |
| 21183, 21184] 21210 Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) 21230 Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   |             |  |
| Graft, bone; nasal; maxillary or malar areas (includes obtaining grafts) Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)   |             |  |
| Graft; rib cartilage, autogenous, to face, chin, nose or ear (includes obtaining graft)  |             |  |
|  |             |  |
| Graft; ear cartilage, autogenous, to nose or ear (includes obtaining graft)  |             |  |
|  | 21235       | Graft; ear cartilage, autogenous, to nose or ear (includes obtaining graft)          |

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### Cosmetic and Reconstructive Services of the Head and Neck

| 21255            | Reconstruction zygomatic arch and glenoid fossa with bone and cartilage (includes obtaining autografts)   |
|------------------|---|
| 21256            | Reconstruction of orbit with osteotomies (extracranial) and with bone grafts (includes obtaining autografts) (eg, micro-ophthalmia)   |
| 21270            | Malar augmentation, prosthetic material   |
| 21275            | Secondary revision of orbitocraniofacial reconstruction   |
| ICD-10 Procedure |   |
| 0NU107Z-0NU20KZ  | Supplement frontal bone, open approach; [right or left with autologous tissue, synthetic or nonautologous tissue substitute; includes codes 0NU107Z, 0NU10JZ,                                       |
|                  | 0NU10KZ, 0NU207Z, 0NU20JZ, 0NU20KZ]   |
| 0NUM07Z-0NUN0KZ  | Supplement zygomatic bone, open approach; [right or left with autologous tissue, synthetic or nonautologous tissue substitute; includes codes 0NUM07Z, 0NUM0JZ, 0NUM0KZ, 0NUN07Z, 0NUN0JZ, 0NUN0KZ] |
| 0NUP07Z-0NUQ0KZ  | Supplement orbit, open approach [right or left with autologous tissue, synthetic or nonautologous tissue substitute; includes codes 0NUP07Z, 0NUP0JZ, 0NUP0KZ, 0NUQ07Z, 0NUQ0JZ, 0NUQ0KZ]           |
| 0WU207Z-0WU20KZ  | Supplement face, open approach [with autologous tissue, synthetic or nonautologous tissue substitute; includes codes 0WU207Z, 0WU20JZ, 0WU20KZ]   |
|                  |   |

### **ICD-10 Diagnosis**

All diagnoses

#### When services are Cosmetic and Not Medically Necessary:

For the procedure codes listed above, when criteria are not met for medically necessary or reconstructive services, or when the code describes a procedure indicated in the Position Statement section as cosmetic and not medically necessary.

#### B. Otoplasty

### When services may be Medically Necessary or Reconstructive when criteria are met:

| CPT              |   |
|------------------|---|
| 69300            | Otoplasty, protruding ear, with or without size reduction                               |
| 69399            | Unlisted procedure, external ear [when specified as other otoplasty]                    |
|                  |   |
| ICD-10 Procedure |   |
| 09S00ZZ-09S2XZZ  | Reposition external ear [right, left or bilateral, by approach; includes codes 09S00ZZ, |
|                  | 09S04ZZ, 09S0XZZ, 09S10ZZ, 09S14ZZ, 09S1XZZ, 09S20ZZ, 09S24ZZ,                          |
|                  | 09S2XZZ]  |
| 09U007Z-09U2X7Z  | Supplement external ear with autologous tissue substitute [right, left or bilateral, by |
|                  | approach; includes codes 09U007Z, 09U0X7Z, 09U107Z, 09U1X7Z, 09U207Z,                   |
|                  | 09U2X7Z]  |

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### Cosmetic and Reconstructive Services of the Head and Neck

| 09U00JZ-09U2XJZ | Supplement external ear with synthetic substitute [right, left or bilateral, by approach; includes codes 09U00JZ, 09U0XJZ, 09U10JZ, 09U1XJZ, 09U20JZ, 09U2XJZ]   |
|-----------------|--|
| 09U00KZ-09U2XKZ | Supplement external ear with nonautologous tissue substitute [right, left or bilateral, by approach; includes codes 09U00KZ, 09U0XKZ, 09U10KZ, 09U1XKZ, 09U20KZ, 09U2XKZ]  |
| 0HN2XZZ-0HN3XZZ | Release ear skin, external approach [right or left; includes codes 0HN2XZZ, 0HN3XZZ]   |
| 090007Z-0902X7Z | Alteration of external ear with autologous tissue substitute [right, left or bilateral, by approach; includes codes 090007Z, 090037Z, 090047Z, 0900X7Z, 090107Z, 090137Z, 090147Z, 0901X7Z, 090207Z, 090237Z, 090247Z, 0902X7Z]    |
| 09000JZ-0902XJZ | Alteration of external ear with synthetic substitute [right, left or bilateral, by approach; includes codes 09000JZ, 09003JZ, 09004JZ, 0900XJZ, 09010JZ, 09013JZ, 09014JZ, 0901XJZ, 09020JZ, 09023JZ, 09024JZ, 0902XJZ]            |
| 09000KZ-0902XKZ | Alteration of external ear with nonautologous tissue substitute [right, left or bilateral, by approach; includes codes 09000KZ, 09003KZ, 09004KZ, 0900XKZ, 09010KZ, 09013KZ, 09014KZ, 0901XKZ, 09020KZ, 09023KZ, 09024KZ, 0902XKZ] |
| 09000ZZ-0902XZZ | Alteration of external ear [right, left or bilateral, by approach; includes codes 09000ZZ, 09003ZZ, 09004ZZ, 0900XZZ, 09010ZZ, 09013ZZ, 09014ZZ, 0901XZZ, 09020ZZ, 09023ZZ, 09024ZZ, 0902XZZ]                                      |
|                 |  |

**ICD-10 Diagnosis** 

All diagnoses

#### When services are Cosmetic and Not Medically Necessary:

For the procedure codes listed above, when criteria are not met for medically necessary or reconstructive services, or when the code describes a procedure indicated in the Position Statement section as cosmetic and not medically necessary.

#### C. Rhinophyma Surgery

#### When services may be Medically Necessary when criteria are met:

**CPT** 

Excision or surgical planing of skin of nose for rhinophyma

**ICD-10 Procedure** 

OHB1XZZ Excision of face skin, external approach

**ICD-10 Diagnosis** 

L71.1 Rhinophyma

#### When services are Cosmetic and Not Medically Necessary:

For the procedure codes listed above when criteria are not met for medically necessary services, or when the code describes a procedure indicated in the Position Statement section as cosmetic and not medically necessary.

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#### D. Rhinoplasty or Rhinoseptoplasty

### When services may be Medically Necessary or Reconstructive when criteria are met:

**CPT** 

30400-30420 Rhinoplasty, primary [includes codes 30400, 30410, 30420] 30430-30450 Rhinoplasty, secondary [includes codes 30430, 30435, 30450]

**ICD-10 Procedure** 

09UK07Z-09UKX7Z Supplement nose with autologous tissue substitute [by approach; includes codes

09UK07Z, 09UKX7Z]

09UK0JZ-09UKXJZ Supplement nose with synthetic substitute [by approach; includes codes 09UK0JZ,

09UKXJZ]

09UK0KZ-09UKXKZ Supplement nose with nonautologous tissue substitute [by approach; includes codes

09UK0KZ, 09UKXKZ]

ONUB07Z Supplement nasal bone with autologous tissue substitute, open approach

ONUBOJZ Supplement nasal bone with synthetic substitute, open approach

ONUBOKZ Supplement nasal bone with nonautologous tissue substitute, open approach O90K07Z-090KX7Z Alteration of nose with autologous tissue substitute [by approach; includes codes

090K07Z, 090K37Z, 090K47Z, 090KX7Z]

090K0JZ-090KXJZ Alteration of nose with synthetic substitute [by approach; includes codes 090K0JZ,

090K3JZ, 090K4JZ, 090KXJZ]

090K0KZ-090KXKZ Alteration of nose with nonautologous tissue substitute [by approach; includes codes

090K0KZ, 090K3KZ, 090K4KZ, 090KXKZ]

090K0ZZ-090KXZZ Alteration of nose [by approach; includes codes 090K0ZZ, 090K3ZZ, 090K4ZZ,

090KXZZ]

**ICD-10 Diagnosis** 

All diagnoses

#### When services are Cosmetic and Not Medically Necessary:

For the procedure codes listed above when criteria are not met for medically necessary or reconstructive services, or when the code describes a procedure indicated in the Position Statement section as cosmetic and not medically necessary.

#### E. Rhytidectomy (face lift)

#### When services may be Reconstructive when criteria are met:

**CPT** 

Rhytidectomy; forehead

15828 Rhytidectomy, cheek, chin, and neck

### **ICD-10 Procedure**

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### Cosmetic and Reconstructive Services of the Head and Neck

| 0JD00ZZ | Extraction of scalp subcutaneous tissue and fascia, open approach         |
|---------|---|
| 0JD03ZZ | Extraction of scalp subcutaneous tissue and fascia, percutaneous approach |
| 0JD10ZZ | Extraction of face subcutaneous tissue and fascia, open approach          |
| 0JD13ZZ | Extraction of face subcutaneous tissue and fascia, percutaneous approach  |
| 0J010ZZ | Alteration of face subcutaneous tissue and fascia, open approach          |
| 0J013ZZ | Alteration of face subcutaneous tissue and fascia, percutaneous approach  |
| 0W020ZZ | Alteration of face, open approach   |
| 0W023ZZ | Alteration of face, percutaneous approach                                 |
|         |   |

#### **ICD-10 Diagnosis**

All diagnoses

#### When services are Cosmetic and Not Medically Necessary:

For the procedure codes listed above when criteria are not met for medically necessary or reconstructive services, or when the code describes a procedure indicated in the Position Statement section as cosmetic and not medically necessary.

#### F. Cranial Nerve Procedures

### When services may be Medically Necessary or Reconstructive when criteria are met:

| CPT              |  |  |  |  |  |
|------------------|--|--|--|--|--|
| 15840-15845      | Graft for facial nerve paralysis [includes codes 15840, 15841, 15842, 15845]                       |  |  |  |  |
| 64716            | Neuroplasty and/or transposition; cranial nerve  |  |  |  |  |
| 64732-64742      | Transection or avulsion (nerves of face) [includes codes 64732, 64734, 64736, 64738, 64740, 64742] |  |  |  |  |
| 64864-64865      | Suture of facial nerve [includes codes 64864, 64865]   |  |  |  |  |
| 64866-64868      | Anastomosis (facial nerves) [includes codes 64866, 64868]  |  |  |  |  |
| 69955            | Total facial nerve decompression and/or repair (may include graft)                                 |  |  |  |  |
|                  |  |  |  |  |  |
| ICD-10 Procedure |  |  |  |  |  |
| 00NH0ZZ-00NH4ZZ  | Release oculomotor nerve [by approach; includes codes 00NH0ZZ, 00NH3ZZ,                            |  |  |  |  |
|                  | 00NH4ZZ]   |  |  |  |  |
| 00NJ0ZZ-00NJ4ZZ  | Release trochlear nerve [by approach; includes codes 00NJ0ZZ, 00NJ3ZZ, 00NJ4ZZ]                    |  |  |  |  |
| 00NK0ZZ-00NK4ZZ  | Release trigeminal nerve [by approach; includes codes 00NK0ZZ, 00NK3ZZ, 00NK4ZZ]                   |  |  |  |  |
| 00NL0ZZ-00NL4ZZ  | Release abducens nerve [by approach; includes codes 00NL0ZZ, 00NL3ZZ, 00NL4ZZ]                     |  |  |  |  |
| 00NM0ZZ-00NM4ZZ  | Release facial nerve [by approach; includes codes 00NM0ZZ, 00NM3ZZ, 00NM4ZZ]                       |  |  |  |  |
| 00QH0ZZ-00QH4ZZ  | Repair oculomotor nerve [by approach; includes codes 00QH0ZZ, 00QH3ZZ, 00QH4ZZ]                    |  |  |  |  |
| 00QJ0ZZ-00QJ4ZZ  | Repair trochlear nerve [by approach; includes codes 00QJ0ZZ, 00QJ3ZZ, 00QJ4ZZ]                     |  |  |  |  |

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### Cosmetic and Reconstructive Services of the Head and Neck

|   | 00QK0ZZ-00QK4ZZ | Repair trigeminal nerve [by approach; includes codes 00QK0ZZ, 00QK3ZZ, 00QK4ZZ]  |
|---|-----------------|--|
|   | 00QL0ZZ-00QL4ZZ | Repair abducens nerve [by approach; includes codes 00QL0ZZ, 00QL3ZZ, 00QL4ZZ]  |
|   | 00QM0ZZ-00QM4ZZ | Repair facial nerve [by approach; includes codes 00QM0ZZ, 00QM3ZZ, 00QM4ZZ]  |
|   | 00SH0ZZ-00SH4ZZ | Reposition oculomotor nerve [by approach; includes codes 00SH0ZZ, 00SH3ZZ, 00SH4ZZ]  |
|   | 00SJ0ZZ-00SJ4ZZ | Reposition trochlear nerve [by approach; includes codes 00SJ0ZZ, 00SJ3ZZ, 00SJ4ZZ]   |
|   | 00SK0ZZ-00SK4ZZ | Reposition trigeminal nerve [by approach; includes codes 00SK0ZZ, 00SK3ZZ, 00SK4ZZ]  |
|   | 00SL0ZZ-00SL4ZZ | Reposition abducens nerve [by approach; includes codes 00SL0ZZ, 00SL3ZZ, 00SL4ZZ]  |
|   | 00SM0ZZ-00SM4ZZ | Reposition facial nerve [by approach; includes codes 00SM0ZZ, 00SM3ZZ, 00SM4ZZ]  |
|   | 00XF0ZH-00XF4ZM | Transfer olfactory nerve [by destination and approach; includes codes 00XF0ZH, 00XF0ZJ, 00XF0ZK, 00XF0ZL, 00XF0ZM, 00XF4ZH, 00XF4ZJ, 00XF4ZK, 00XF4ZL, 00XF4ZM]                      |
|   | 00XG0ZH-00XG4ZM | Transfer optic nerve [by destination and approach; includes codes 00XG0ZH, 00XG0ZJ, 00XG0ZK, 00XG0ZL, 00XG0ZM, 00XG4ZH, 00XG4ZJ, 00XG4ZK, 00XG4ZL, 00XG4ZM]                          |
|   | 00XH0ZH-00XH4ZM | Transfer oculomotor nerve [by destination and approach; includes codes 00XH0ZH, 00XH0ZJ, 00XH0ZK, 00XH0ZL, 00XH0ZM, 00XH4ZH, 00XH4ZJ, 00XH4ZK, 00XH4ZL, 00XH4ZM]                     |
|   | 00XJ0ZH-00XJ4ZM | Transfer trochlear nerve [by destination and approach; includes codes 00XJ0ZH, 00XJ0ZJ, 00XJ0ZK, 00XJ0ZL, 00XJ0ZM, 00XJ4ZH, 00XJ4ZJ, 00XJ4ZK, 00XJ4ZL, 00XJ4ZM]                      |
|   | 00XK0ZH-00XK4ZM | Transfer trigeminal nerve [by destination and approach; includes codes 00XK0ZH, 00XK0ZJ, 00XK0ZK, 00XK0ZL, 00XK0ZM, 00XK4ZH, 00XK4ZJ, 00XK4ZK, 00XK4ZL, 00XK4ZM]                     |
|   | 00XL0ZH-00XL4ZM | Transfer abducens nerve [by destination and approach; includes codes 00XL0ZH, 00XL0ZJ, 00XL0ZK, 00XL0ZL, 00XL0ZM, 00XL4ZH, 00XL4ZJ, 00XL4ZK, 00XL4ZL, 00XL4ZM]                       |
|   | 00XM0ZH-00XM4ZM | Transfer facial nerve [by destination and approach; includes codes 00XM0ZH, 00XM0ZJ, 00XM0ZK, 00XM0ZL, 00XM0ZM, 00XM4ZH, 00XM4ZJ, 00XM4ZK, 00XM4ZL, 00XM4ZM]                         |
| * | 00XN0ZH-00XN4ZM | Transfer acoustic nerve [by cranial nerve destination and approach; includes codes 00XN0ZH, 00XN0ZJ, 00XN0ZK, 00XN0ZL, 00XN0ZM, 00XN4ZH, 00XN4ZJ, 00XN4ZK, 00XN4ZL, 00XN4ZM]         |
|   | 00XP0ZH-00XP4ZM | Transfer glossopharyngeal nerve [by cranial nerve destination and approach; includes codes 00XP0ZH, 00XP0ZJ, 00XP0ZK, 00XP0ZL, 00XP0ZM, 00XP4ZH, 00XP4ZJ, 00XP4ZK, 00XP4ZL, 00XP4ZM] |

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#### Cosmetic and Reconstructive Services of the Head and Neck

00XQ0ZH-00XQ4ZM

Transfer vagus nerve [by cranial nerve destination and approach; includes codes 00XQ0ZH, 00XQ0ZJ, 00XQ0ZK, 00XQ0ZL, 00XQ0ZM, 00XQ4ZH, 00XQ4ZJ, 00XQ4ZK, 00XQ4ZL, 00XQ4ZM]

00XR0ZH-00XR4ZM

Transfer accessory nerve [by cranial nerve destination and approach; includes codes 00XR0ZH, 00XR0ZJ, 00XR0ZK, 00XR0ZL, 00XR0ZM, 00XR4ZH, 00XR4ZJ, 00XR4ZK, 00XR4ZL, 00XR4ZM]

Transfer hypoglossal nerve [by cranial nerve destination and approach; includes codes 00XS0ZH, 00XS0ZH, 00XS0ZJ, 00XS0ZL, 00XS0ZL, 00XS0ZM, 00XS4ZH, 00XS4ZJ, 00XS4ZK, 00XS4ZL, 00XS4ZL, 00XS4ZM]

**ICD-10 Diagnosis** 

**CPT** 

All diagnoses

### When services are Not Medically Necessary:

For the procedure codes listed above when criteria are not met for medically necessary or reconstructive services, or when the code describes a procedure indicated in the Position Statement section as not medically necessary.

### G. Other Procedures (Ear piercing, Frown lines, Neck Tuck)

### When services are Cosmetic and Not Medically Necessary:

| CII              |   |
|------------------|---|
| 15819            | Cervicoplasty   |
| 15825            | Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)                 |
| 15826            | Rhytidectomy; glabellar frown lines   |
| 15829            | Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap                       |
| 15838            | Excision, excessive skin and subcutaneous tissue (including lipectomy); submental fat |
|                  | pad   |
| 15876            | Suction assisted lipectomy; head and neck   |
| 69090            | Ear piercing  |
| ICD-10 Procedure |   |
| 0JD40ZZ          | Extraction of anterior neck subcutaneous tissue and fascia, open approach             |
| 0JD43ZZ          | Extraction of anterior neck subcutaneous tissue and fascia, percutaneous approach     |
| 0JD50ZZ          | Extraction of posterior neck subcutaneous tissue and fascia, open approach            |
| 0JD53ZZ          | Extraction of posterior neck subcutaneous tissue and fascia, percutaneous approach    |
| 0W060ZZ          | Alteration of neck, open approach   |
| 0W063ZZ          | Alteration of neck, percutaneous approach   |
| 8E0HXY9          | Piercing of integumentary system and breast   |
|                  |   |

#### **ICD-10 Diagnosis**

All diagnoses

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Crouzon Syndrome Goldenhar Syndrome Parry-Romberg Syndrome Treacher-Collins Syndrome

The use of specific product names is illustrative only. It is not intended to be a recommendation of one product over another, and is not intended to represent a complete listing of all products available.

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# **Document History**

| Status   | Date       | Action  |
|----------|------------|---|
| Reviewed | 02/20/2020 | Medical Policy & Technology Assessment Committee (MPTAC) review.  |
|          |            | Updated References section.   |
| Reviewed | 03/21/2019 | MPTAC review. Updated References.   |
| Reviewed | 03/22/2018 | MPTAC review. The document header wording updated from "Current Effective Date" to "Publish Date." Updated References and Websites sections.  |
| Reviewed | 05/04/2017 | MPTAC review. Updated References and Websites sections. Updated formatting in Position Statement section.   |
| Revised  | 05/05/2016 | MPTAC review. Moved term submental lipectomy to neck tuck within position statement. Updated Description, Background/Overview, References and Websites for Additional Information sections. Removed ICD-9 codes from Coding section.  |
| Reviewed | 05/07/2015 | MPTAC review. Updated References and Websites for Additional Information sections.  |
| Revised  | 05/15/2014 | MPTAC review. Added a reconstructive statement for rhinoseptoplasty, rhinoseptoplasty to the cosmetic and not medically necessary statement (when criteria are not met), and a <i>Note</i> cross-referencing to CG-SURG-18 ( <i>Note</i> : Rhinoseptoplasty is considered medically necessary when the criteria above for rhinoplasty are met and medically necessary criteria in CG-SURG-18 Septoplasty are also met). Updated Description, Background/Overview, Definitions, and References sections. |
| Reviewed | 08/08/2013 | MPTAC review. Minor format and spacing changes. Updated References, Websites for Additional Information, and Index sections.  |
| Revised  | 08/09/2012 | MPTAC review. Revised section title and cosmetic and not medically  |
|          | (^         | necessary statement related to: A. Facial Plastic Surgery: (including, but not limited to, submental lipectomy); clarified reconstructive and cosmetic and not medically necessary statements: B. Otoplasty. Updated Description (added Note with cross-reference to SURG.00049 Mandibular/Maxillary (Orthognathic) Surgery), Background, Definitions, Coding, References and Websites for Additional Information.  |
| Revised  | 11/17/2011 | MPTAC review. Clarified Position Statements for specific indications. Added a cosmetic and not medically necessary statement to the section: Facial Plastic Surgery. Updated References, Websites for Additional Information, and Index.  |
| Reviewed | 11/18/2010 | MPTAC review. Reordered text and updated Background/Overview. Reformatted Definitions. Updated References and Index.  |
| Reviewed | 11/19/2009 | MPTAC review. Clarified and reformatted Position Statements. Updated References.  |
| Reviewed | 11/20/2008 | MPTAC review. Background, References, and Index updated.  |

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|          | 04/01/2008 | A <b>NOTE</b> was added after the Reconstructive definition to clarify that not all benefit contracts include a reconstructive services benefit. Coding updated. |
|----------|------------|--|
| Revised  | 11/29/2007 | MPTAC review. Clarification of Position Statements. Revision of Position   |
|          |            | Statement for reconstructive rhinoplasty for nasal fractures. Not medically  |
|          |            | necessary statement added for cranial nerve procedures to align with existing  |
|          |            | coding. Background, Coding and References updated. The phrase  |
|          |            | "cosmetic/not medically necessary" was clarified to read "cosmetic and not   |
|          |            | medically necessary."  |
| Reviewed | 12/07/2006 | MPTAC review. References updated.  |
|          | 01/01/2007 | Updated Coding section with 01/01/2007 CPT/HCPCS changes.  |
| Revised  | 12/01/2005 | MPTAC review. Provided clarification of Position Statement for when  |
|          |            | otoplasty is considered reconstructive.  |
|          | 11/21/2005 | Added reference for Centers for Medicare and Medicaid Services (CMS) –   |
|          |            | National Coverage Determination (NCD).   |
| Reviewed | 09/22/2005 | MPTAC review. Revision based on Pre-merger Anthem and Pre-merger   |
|          |            | WellPoint Harmonization.   |

| <b>Pre-Merger Organizations</b> | Last Review | Document  | Title                                |
|---------------------------------|-------------|-----------|--------------------------------------|
| A of T                          | Date        | Number    |                                      |
| Anthem, Inc.                    | 04/28/2005  | ANC.00008 | Cosmetic and Reconstructive Services |
|                                 |             |           | of the Head and Neck                 |
| WellPoint Health Networks, Inc. | 04/28/2005  | 3.03.04   | Otoplasty                            |
|                                 | 04/28/2005  | Clinical  | Reconstruction of the External Ear   |
|                                 |             | Document  |                                      |
|                                 | 04/28/2005  | Clinical  | Rhinoplasty                          |
|                                 |             | Document  |                                      |

