

Zika Virus Frequently Asked Questions and Resources

This document contains frequently asked questions, links and resources directing providers to information concerning the Zika virus.

Centers for Disease Control and Prevention (CDC):

- Guidance for providers: <http://www.cdc.gov/zika/hc-providers/index.html>
- Travel Health notices: <http://www.cdc.gov/travel/page/avoid-bug-bites>
- *Zika Pregnancy Registry*: To contact, call **1-770-488-7100** or email ZikaMCH@cdc.gov or ZikaPregnancy@cdc.gov

CDC resources/frequently asked questions:

- What is Zika Virus? (About Zika Virus Disease):
<http://www.cdc.gov/zika/about/index.html>
- Zika and Guillain-Barre Syndrome (GBS) includes:
 - Symptoms of GBS
 - Causes of GBS
 - Additional Resources
 - <http://www.cdc.gov/zika/about/gbs-qa.html>
- Prevention includes:
 - What is known about Zika virus
 - Steps to prevent mosquito bites
 - If you have Zika, prevent others from getting sick
 - If you are a man who lives in or has traveled to an area with Zika
 - If you are concerned about getting Zika from a sex partner
 - Information for travelers
 - Additional Resources
 - <http://www.cdc.gov/zika/prevention/index.html>
- Transmission and risks include:
 - Transmission through mosquito bites
 - From mother to child
 - Through sexual contact
 - Through blood transfusion
 - Through laboratory exposure
 - Risks
 - Additional Resources
 - <http://www.cdc.gov/zika/transmission/index.html>
- Symptoms, Diagnosis and Treatment: <http://www.cdc.gov/zika/symptoms/index.html>
- Areas with Zika include:
 - Areas with active mosquito-borne transmission of Zika virus
 - <http://www.cdc.gov/zika/geo/index.html>

<https://providers.healthybluelouisiana.com>

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- [Zika virus disease in the United States, 2015-2016:](https://www.cdc.gov/zika/geo/united-states.html)
<https://www.cdc.gov/zika/geo/united-states.html>
- Pregnant women information includes:
 - Zika and pregnancy.
 - How to protect yourself.
 - Travel information.
 - Microcephaly.
 - *U.S. Zika Pregnancy Registry.*
 - <https://www.cdc.gov/zika/pregnancy/index.html>.
- Health care provider information includes:
 - Clinical guidance.
 - Clinical evaluation and disease.
 - Diagnostic testing.
 - *U.S. Zika Pregnancy Registry.*
 - Tools for healthcare providers.
 - HIV infection and Zika virus.
 - Pregnant women and women of reproductive age.
 - Infants and Zika virus infection.
 - Sexual transmission of Zika virus.
 - <https://www.cdc.gov/zika/hc-providers/index.html>

***Zika Pregnancy Registry* information is at**
<http://www.cdc.gov/zika/hc-providers/registry.html>.

Obstetric healthcare providers can:

- Report information about pregnant women with laboratory evidence of Zika virus to their state, tribal, local or territorial health department.
- Collect pertinent clinical information about pregnant woman and their infants on the Pregnancy and Zika virus Disease Surveillance forms.
- Provide the information to state, tribal, local or territorial health departments or directly to CDC registry staff if asked to do so by local health officials.
- Notify state, tribal, local or territorial health department staff or CDC registry staff of adverse events (for example, spontaneous abortion, termination of pregnancy).

If you have questions about the registry, email ZikaMCH@cdc.gov or call **1-770-488-7100** and ask for the Zika Pregnancy Hotline.

Additional Resources:

- National Institutes of Health: <http://www.niaid.nih.gov/topics/Zika/Pages/default.aspx>

- World Health Organization (WHO)



- App: a source of real-time, easy-to-use information on the disease and its complications designed primarily for health care providers and responders. IOS or Android devices.
- *Zika Virus Fact Sheet*: <http://www.who.int/mediacentre/factsheets/zika/en>
- CDC recommendations for pregnant women: <https://cdc.gov/zika/pregnancy/question-answers.html>.
- LiveHealth Online Zika health tips: <https://www.livehealthonline.com/en/health-tips/categories/fact-or-fiction/5-things-you-need-to-know-about-zika-virus>
- *Zika Virus Fact Sheet*: <http://www.who.int/mediacentre/factsheets/zika/en>

Current publications regarding Zika:

- Practice Advisory: *Updated Interim Guidance for Care of Women of Reproductive Age During a Zika Virus Outbreak*. www.acog.org SMFM/ACOG.
- *Zika Virus and Birth Defects — Reviewing the Evidence for Causality*. CDC special report April 13, 2016 at NEJM.org.
- *Zika Virus*. Petersen, LR. N Engl J Med 2016; 374:1552-63.