



LAMMICO Partners with LDH on Birth Outcomes

Aspirin as a Tool to Reduce Preeclampsia Risk



Louisiana earned an ‘F’ rating for having the second-highest preterm birth rate in the U.S. in 2018. The March of Dimes rated Louisiana based on the state’s 12.7 percent preterm birth rate in 2017, and noted that New Orleans and Baton Rouge are two of the 10 U.S. cities with the highest preterm birth rates.

LAMMICO has partnered with the **Louisiana Department of Health (LDH)** on a campaign to decrease preterm births in Louisiana by creating online educational tools in support of the appropriate use of progesterone and aspirin when medically necessary during pregnancy. These tools are available on the LAMMICO website free of charge to anyone – whether insured by LAMMICO or not, as a statewide incentive to help reach the goals for reducing preterm birth directly and indirectly by decreasing the incidence of preeclampsia.

[Progesterone Use for Preventing Preterm Births](#)

Progesterone remains underutilized despite its proven benefit in directly reducing preterm births among medically eligible women. LAMMICO’s course, “[Progesterone Use for Preventing Preterm Births](#),” presents research findings and guidelines for using progesterone, and provides new tools to assist Louisiana obstetric practitioners and hospitals in reducing preterm births. This online activity provides one CME/CNE credit.

LAMMICO/Medical Interactive is accredited with commendation by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

LAMMICO/Medical Interactive designates this Enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*™.

LAMMICO/Medical Interactive is accredited with Distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This continuing nursing education program has been approved for 1.0 contact hour by LAMMICO/Medical Interactive.

[Is Aspirin the New Pregnancy Miracle Drug?](#)

Preeclampsia can indirectly contribute to preterm birth. Its impact on mother, fetus and newborn is often devastating. More than one third of serious maternal deaths and 15 percent of preterm births are related to preeclampsia. Reducing preeclampsia doubles the chance that a mother and child live. Use of low-dose aspirin prophylaxis can reduce the incidence of preeclampsia in women at high or moderate risk by 17 to 25 percent. One preeclampsia high-risk factor or two moderate-risk factors qualifies a pregnant woman to receive ASA prophylaxis. LAMMICO's new course, "[Is Aspirin the New Pregnancy Miracle Drug?](#)" will help perinatal providers understand and apply the new aspirin guidelines into clinical practice. This online activity provides 0.5 CME/CNE credit.

LAMMICO/Medical Interactive designates this Enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit(s)*[™].

This continuing nursing education program has been approved for 0.5 contact hour by LAMMICO/Medical Interactive.

Risk Management Premium Discount credit is available for LAMMICO insureds for both courses.

This 0.5 credit CME is free for all providers and focuses on the role of aspirin in preventing recurrent preterm birth due to preeclampsia. Please check this resource out so we can improve outcomes today!

LINK directly to this CME/CNE: <https://medicalinteractive.net/courses/50578> or go to <https://medicalinteractive.net/catalog> and find it under Topics: Perinatal.

1. LAMMICO policyholders will receive 0.5 credits toward a Risk Management Premium Discount that may be used to reduce the basic limits portion of the LAMMICO insurance premium by 10 percent every year.
2. Providers (including those that are not LAMMICO members) will need to register and put it in their "cart" as if they are purchasing it but it will be free and not require any payment.