

January 15, 2018

## Applied behavior analysis services provider notification

We want to let you know about an addition to our members' benefits. Starting February 1, 2018, Healthy Blue members will be eligible to receive applied behavior analysis (ABA) services for children and adolescents up to 21 years of age. ABA therapy is a set of behavior treatments that work to increase useful or desired behaviors.

Members must meet certain criteria to receive ABA services, including:

- Exhibit the presence of excesses and/or deficits of behaviors that significantly interfere with home or community activities
- Have been diagnosed with a condition for which ABA-based therapy services are recognized as therapeutically appropriate by a qualified health care professional
- Had a comprehensive diagnostic evaluation by a qualified health care professional
- Have a prescription for ABA-based therapy services ordered by a qualified health care professional

ABA services must be deemed medically necessary to qualify for coverage. ABA services will require prior authorizations.

ABA providers must meet licensing requirements by the Louisiana State Board of Examiners of Psychologists and be a board-certified behavior analyst.

### **Have questions? We're a call away.**

If you are interested in learning more about ABA services or if you have any questions, call Provider Services at **1-844-521-6942** Monday through Friday from 7 a.m. to 7 p.m.

The information in this bulletin may be an update or change to your provider manual. Find the most current manual at:

**<https://providers.healthybluelouisiana.com>**

Healthy Blue is the trade name of Community Care Health Plan of Louisiana, Inc., an independent licensee of the Blue Cross and Blue Shield Association.

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