

Reimbursement Policy

Subject: Modifiers LT and RT: Left Side/Right Side Procedures

Effective Date: Committee Approval Obtained: Section: Coding 07/03/2019

*****The most current version of our reimbursement policies can be found on our provider website. If you are using a printed version of this policy, please verify the information by going to https://providers.healthybluela.com.*****

These policies serve as a guide to assist you in accurate claim submissions and to outline the basis for reimbursement by Healthy Blue if the service is covered by a member's Healthy Louisiana benefit plan. The determination that a service, procedure, item, etc. is covered under a member's benefit plan is not a determination that you will be reimbursed. Services must meet authorization and medical necessity guidelines appropriate to the procedure and diagnosis as well as to the member's state of residence. You must follow proper billing and submission guidelines. You are required to use industry standard, compliant codes on all claim submissions. Services should be billed with CPT® codes, HCPCS codes and/or revenue codes. The codes denote the services and/or procedures performed. The billed code(s) are required to be fully supported in the medical record and/or office notes. Unless otherwise noted within the policy, our policies apply to both participating and nonparticipating providers and facilities.

If appropriate coding/billing guidelines or current reimbursement policies are not followed, Healthy Blue may:

- Reject or deny the claim.
- Recover and/or recoup claim payment.

Healthy Blue reimbursement policies are developed based on nationally accepted industry standards and coding principles. These policies may be superseded by mandates in provider, state, federal or CMS contracts and/or requirements. System logic or setup may prevent the loading of policies into the claims platforms in the same manner as described; however, Healthy Blue strives to minimize these variations.

Healthy Blue reserves the right to review and revise our policies periodically when necessary. When there is an update, we will publish the most current policy to this site.

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	Healthy Blue allows reimbursement for procedure codes appended with
	Modifier LT and/or RT when indicating the side of the body for which
	the item, supply or procedure will be used unless provider, state,
	federal or CMS contracts and/or requirements indicate otherwise.
Policy	Reimbursement is based on 100% of the fee schedule or contracted/negotiated rate of the procedure. Modifiers LT and RT are informational and do not affect reimbursement of the procedure.
	It is inappropriate to use Modifier LT or Modifier RT when billing for
	bilateral procedures, or with procedure codes containing bilateral or

	unilateral or bilateral in their description. Modifiers LT and RT do
	not indicate a bilateral service. Claims submitted with Modifier LT and
	RT appropriately indicating a surgical procedure was performed on
	both the left side and right side of the body are subject to multiple
	surgery rules.
	Biennial review approved 07/03/19: Minor word change
	• Effective 09/01/17 : Policy template updated
	Biennial review approved 08/14/17
	Biennial review approved 11/04/15: Policy template updated
History	Biennial review approved 11/18/13: Policy template updated
	Biennial review approved 11/07/11: Policy template and language
	updated
	• Review approved 12/01/08: Policy template updated
	• Initial review approved and effective 06/06/07
	This policy has been developed through consideration of the following:
References and	• CMS
Research	State Medicaid
Materials	State contracts
	Coder's Desk Reference HCPCS Level II 2019
Definitions	General Reimbursement Policy Definitions
	Modifier Usage
Related Policies	Multiple and Bilateral Surgery: Professional and Facility
	Reimbursement
Related Materials	None